

# Mustang Messenger February 22 - 26, 2010 ... [www.fts.k12.nj.us](http://www.fts.k12.nj.us)

## Frelinghuysen Township School

- M 2-23 Girl Scout Troop #4214 3:00-4:30
- M 2-23 Checkmate Chess Club 3:00-4:15
- T 2-24 Board of Education Meeting 7:00 PM
- W 2-25 Girl Scout Troop #763 3:00-4:30



*Reminder: There are 3 three-year seats available for Frelinghuysen Township School Board. Petitions can be picked up in the school office and are due back by March 1. The election is set for April 20, 2010.*

Please continue to send in your **box tops**. They will be counted up on Feb. 27<sup>th</sup>. If you have any questions, please contact Lisa Siebens @ 979-0161.  
**Campbell Soup labels** will be collected by Maxine Swentzel. With questions for Mrs. Swentzel please call 850-1418.  
Thank you for your continued support!



Congratulations to **Artist of the Month, Katie Reduzzi**, in Fourth Grade! The students were working on a series of Aboriginal inspired work. This was the last project in the series. They used the image of a sea turtle for the "star" of their piece. Patterns, designs, dots and line were used as the added elements. Katie's added elements take center stage. Your eye is drawn in and travels around her creative frame to view all of the different patterns and colors she has used. Black foil and metallic colored pencils add the additional dimensional surprise. A coat of varnish finishes off this successful design.

Honorable Mentions were given to **Charlie Wysowaty** in Sixth Grade for his Clay House, **Emily Davie** and **Jared Vuz** in Fifth Grade for their Dali Collages, and to **Grace Reduzzi** in Kindergarten for her Abstract Painting.

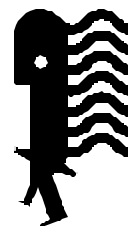


There will be a St. Patrick's Day Dance on Friday, March 5 for 5<sup>th</sup> and 6<sup>th</sup> grades to be held @ North Warren HS from 7-9 PM. Tickets will be sold Saturday, February 20 at Finish Line Auto on Rt. 94 from 1-3 PM. For more information, please contact Diane Nicastro @ 908-362-8595 or Janine @ 862-432-7444.

5<sup>th</sup> and 6<sup>th</sup> Graders: Jump into Spring and come dance with us at NWRHS on Friday, March 19<sup>th</sup> from 7:00 to 9:30 pm. The Frelinghuysen 6<sup>th</sup> Grade Class is sponsoring the dance. Tickets are \$10 and can be purchased on 2/27 and 3/6 from 11am - 1pm and 3/7 from 10am-12 pm at the Concession Stand at Sycamore Field. If you are unable to make these dates, please contact Margarita Greer at 908.852.4483 (email: [fmg89@yahoo.com](mailto:fmg89@yahoo.com)) or Lisa Predenkoski at 908.850.5078 (email: [mrspre@pre-family.net](mailto:mrspre@pre-family.net)). Hope to see you there.



**ATTENTION EARLY ACTORS**  
Wednesday, February 24<sup>th</sup> will be **Wacky Hair Day**. Make your hair as wacky as you can!



**FOR IMMEDIATE RELEASE: 1/26/10 FOR MORE INFORMATION: Donna Rue at (908) 475-7963**

## **Community Health Improvement Coalition Launches Health Survey**

(January 26, 2010) -- Warren County's Community Health Improvement Coalition (CHIC) today launched a survey of health issues for residents ages 18 and over, with responses being sought until mid-March. "We're surveying knowledge, attitudes and behaviors," said coalition Chairwoman Donna Rue, Community Health Educator for the Warren County Health Department.

The survey includes sections on nutrition, physical activity, alcohol, tobacco and drug use, mental health awareness, transportation use and issues, access to health care, general health status of the county, and quality of life issues. Due to a large amount of information being gathered, the questions have been divided into two surveys, with the second survey to be conducted later this spring. An additional survey aimed specifically at youth ages 12 to 18 is being developed and will be released in late February.

Survey results will help the county to improve health efforts, such as programs to assist people to make better food choices, develop better eating habits, improve driving behavior, increase physical activity and take other steps to lead healthier lives. Health planning might involve developing community policies or environmental improvements such as safer playgrounds, walkways to school and roads, or creating opportunities for community gardens or mobile vegetable vendors. The results also will aid area agencies in developing local statistics needed when applying for grants and funding assistance, and help them reassess priorities for distribution of services. "There are so many avenues we're looking at -- it's not just disease," Rue said, noting that prevention plays a big part in health education and health promotion.

"This survey is only a piece of the work the coalition is doing," Rue said, adding the county is also looking at statistics for diseases, chronic illnesses, accidents, crime, lack of services and other factors that reflect the health of the community.

The coalition includes representatives from the county Health, Human Services, Planning, and Public Information departments; Rutgers Cooperative Extension of Warren County's Division of Family and Community Health Sciences; Hackettstown Regional Medical Center; Warren Hospital; United Way of Warren County; NORWESCAP; Center for Prevention Resources; the Domestic Abuse & Sexual Assault Crisis Center; Warren County Regional Chamber of Commerce; community volunteers; and other local social services agencies,

Organizers hope to get at least 1,000 responses to the survey. "We're aiming to get as many people as possible," Rue said, adding, "The more responses we get from residents, the more accurate picture of Warren County we will have."

The survey takes about 10 minutes to do online, and participants remain anonymous. The survey is available online at the Warren County website [www.co.warren.nj.us](http://www.co.warren.nj.us) or [www.surveymonkey.com/s/WCCHIS](http://www.surveymonkey.com/s/WCCHIS), with printed copies available for those without internet access or who do not want to complete the survey online. To receive a printed copy, please contact Donna Rue at the Warren County Health Department at (908) 475-7963, or member agencies of the CHIC coalition.

Members of the public are welcome to join the coalition, which meets every other month at the county's Wayne Dumont, Jr. Administration Building in White Township. Anyone interested should contact Donna Rue at (908) 475-7963.